



1st Tianfu International Congress on Obesity and Metabolism (TICOM)

2nd International Obesity Society Congress (IOS 2026 Chengdu)

第一届天府国际肥胖代谢会议

国际肥胖学会第二届学术会议



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会议手册

Conference Manual

July 30 - August 1, 2026 | Chengdu, China



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欢迎辞

Welcome speech ➤

尊敬的各位领导、各位专家、各位海内外同道：

Respected leaders, experts, and colleagues at home and abroad:

七月蓉城，荷风送爽，锦江潮涌，群贤毕至。值此盛夏时节，第一届天府国际肥胖代谢会议（TICOM）暨国际肥胖学会第二届学术会议（IOS 2026 Chengdu）将于2026年7月30日至8月1日在中国·成都盛大举行。本次大会由四川省医学科技创新研究会主办，四川省医学科技创新研究会肥胖与代谢研究专业委员会、成都市第三人民医院普外科胃肠微创中心·肥胖与代谢性疾病中心共同承办。

In July, as a refreshing summer breeze carries the fragrance of lotus flowers across Chengdu and the Jinjiang River surges with vitality, distinguished scholars and experts gather from near and far. In this vibrant midsummer season, the 1st Tianfu International Conference on Obesity and Metabolic Diseases (TICOM) & The 2nd Academic Conference of the International Obesity Society (IOS 2026 Chengdu) will be held from July 30 to August 1, 2026, in Chengdu, China. This conference is hosted by the Sichuan Medical Science and Technology Innovation Research Association and co-organized by the Association's Committee on Obesity and Metabolic Research, along with the Department of Gastrointestinal Minimally Invasive Surgery and the Center for Obesity and Metabolic Diseases, Department of General Surgery, The Third People's Hospital of Chengdu.

肥胖与代谢性疾病，已被世界卫生组织列为21世纪全球最大的公共卫生挑战之一。全球超重及肥胖人口已突破数十亿，其引发的糖尿病、心血管疾病、脂肪肝、生殖内分泌紊乱及多种恶性肿瘤等并发症，正以前所未有的速度侵蚀人类健康福祉。面对这场席卷全球的“代谢危机”，单一学科的力量已显单薄，唯有跨界融合、全球协作，方能破局。

Obesity and metabolic diseases have been identified by the World Health Organization as one of the most significant global public health challenges of the 21st century. The global population affected by overweight and obesity has surpassed billions, with associated complications such as diabetes, cardiovascular diseases, fatty liver disease, reproductive endocrine disorders, and various malignancies increasingly undermining human health and well-being at an unprecedented pace. Confronted with this worldwide "metabolic crisis," the capacity of any single discipline has proven insufficient. Only through interdisciplinary collaboration and global cooperation can we effectively address this challenge.

本届大会以“融合·创新·共赢”为核心理念，旨在搭建一座跨越基础研究、临床转化、公共卫生与产业生态的高水平国际桥梁。大会汇聚了来自全球30个国家和地区的顶尖专家学者，涵盖亚洲、欧洲、北美、南美、大洋洲及非洲等多个区域，形成真正意义上的全球学术矩阵。超过30位国际知名减重代谢外科专家、流行病学家、基础科学家及公共卫生政策研究者将齐聚天府，带来该领域最前沿的学术洞见与临床实践。

This year's conference, guided by the core principles of "Integration, Innovation, and Win-Win Outcomes," aims to build a high-level international platform bridging basic research, clinical translation, public health, and industry ecosystems. The event brings together leading experts and scholars from over 30 countries and regions across Asia, Europe, North America, South America, Oceania, and Africa, forming a truly global academic network. More than 30 internationally renowned experts in metabolic and bariatric surgery, epidemiologists, basic scientists, and public health policy researchers will gather in Chengdu to share cutting-edge academic insights and clinical practices in the field.

在内容设置上，大会秉持“国际视野”与“本土实践”双轨并行的原则，精心设计了多层次、多形式的学术板块：

国际学术主论坛：聚焦全球肥胖代谢疾病的最新流行病学趋势、机制突破与治疗革新，呈现一场跨国界、跨学科的思想盛宴。

减重代谢外科高级培训专场：涵盖减重手术专科培训及动物试验操作（限额15人）、减重术后腹壁整形专科培训及手术演示（限额20人），为青年术者提供高仿真、高密度的实操平台。

医媒融合科普进阶培训：探索医学传播与公众健康素养提升的新路径，助力科研成果向社会效益转化。

第三届“我和肥胖有个约会”TED演讲：以“To Be a Bariatric Surgeon”为主题，聆听减重外科医者的初心、抉择与守望，传递医学温度。

专题研讨纵深覆盖：设置肥胖公共卫生统计学、肥胖基础科研、肥胖合并生殖内分泌、减重术后腹壁整形、减重代谢外科手术及并发症处理、肥胖合并多共慢病管理及个案管理等多个专题，从宏观流调到微观机制，从手术技艺到长期随访，构建覆盖肥胖全生命周期的完整知识体系。

The conference is designed around a dual-track principle that integrates an "international perspective" with "local practice," and features a meticulously structured, multi-level, and multi-format academic program:

International Academic Main Forum: This forum focuses on the latest global epidemiological trends, mechanistic breakthroughs, and therapeutic innovations in obesity



and metabolic diseases, presenting a cross-border, interdisciplinary exchange of ideas.

Advanced Metabolic and Bariatric Surgery Training Session: This session offers specialized training in bariatric surgery and hands-on animal lab training (limited to 15 participants), along with post-bariatric abdominoplasty training and surgical demonstrations (limited to 20 participants), providing a highly realistic and intensive hands-on platform for early-career surgeons.

Medical-Media Integration for Public Science Advancement Training: This training explores new pathways for medical communication and the enhancement of public health literacy, facilitating the translation of scientific research into social benefits.

Third Edition of "A Date with Obesity" TED-Style Talks: Under the theme "To Be a Bariatric Surgeon," this session shares the original aspirations, choices, and dedication of bariatric surgeons, conveying the humanistic warmth of medicine.

In-Depth Thematic Symposia: A variety of specialized sessions are organized, including those focused on public health statistics in obesity, basic obesity research, obesity in the context of reproductive endocrine disorders, post-bariatric abdominoplasty, metabolic and bariatric surgical techniques, complication management, and obesity with multiple chronic comorbidities and case management. These sessions span from macro-level epidemiological investigations to micro-level mechanisms, and from surgical skills to long-term follow-up, constructing a comprehensive knowledge system that addresses the entire continuum of obesity care.

成都，古称“天府之国”，三千年文脉绵延不绝，而今更以创新开放之姿屹立于中国西部。这里是历史与现代的交汇之地，也是中国减重代谢外科蓬勃发展的沃土。我们诚邀全球同道，在芙蓉花开、岷江潮涌之际，共赴这场学术与人文交织的盛会，以开放之心交融智慧，以协作之力共谋未来。

Chengdu, historically known as the “Land of Abundance,” boasts a continuous cultural heritage of over three thousand years and now stands as an innovative and open gateway city in western China. It is a place where history meets modernity, and a fertile ground for the thriving development of Metabolic and Bariatric Surgery in China. We sincerely invite colleagues from around the world to join us amid the blooming hibiscus and the dynamic flow of the Min River to partake in this gathering where academic excellence and humanistic spirit intertwine, blending wisdom with open minds and forging the future through collaborative strength.

医学的进步在于交汇，科学的力量在于共建。让我们以此次大会为新的起点，携手推动全球肥胖代谢事业迈向更高质量、更富活力、更具包容性的明天！

Medical progress lies in convergence; the power of science lies in collaboration. Let us take this conference as a new starting point to jointly advance the global field of obesity and metabolism toward a higher quality, more vibrant, and more inclusive future.

预祝大会圆满成功！

We wish the conference a complete success!

Congress President: Yanjun Liu

Congress Director: Huawu Yang

IOS President: Wei-Jei Lee

IOS Director: Wah Yang

天府国际肥胖代谢会议 (TICOM)

Tianfu International Congress on Obesity and Metabolism (TICOM)

国际肥胖学会 (IOS)

International Obesity Society (IOS)

2026年7月，中国·成都

July 2026, Chengdu, China



Liu Yanjun



Yang Huawu



Wei-Jei Lee



Yang Wah



基本信息

Basic information ➤

会议时间 | Meeting time

2026 年 7 月 30 日 (周四) — 8 月 1 日 (周六)

July 30th (Thursday) to August 1st (Saturday), 2026

会议地址 | Meeting address

成都兴隆湖润扬希尔顿逸林酒店 (成都市双流区菁蓉路 388 号)

Hotel Lobby, DoubleTree by Hilton Chengdu Xinglong Lake(388 Jingrong Road,
Xinglong Street, Tianfu New District, Chengdu, Sichuan Province, China)

组织架构 | Organizational structure

主 办：四川省医学科技创新研究会

承 办：四川省医学科技创新研究会肥胖与代谢研究专业委员会

成都市第三人民医院普外科胃肠微创中心·肥胖与代谢性疾病中心

Host: Sichuan Medical Science and Technology Innovation Research Association

Organizer: The Obesity and Metabolic Diseases Center of The Third People's Hospital of
Chengdu

参会人员 | Participants

国内外肥胖领域的医务工作者，以及肥胖外科领域的知名专家、学者和相关人员，
预计 200 人参会。

It is expected that 200 medical workers in the field of obesity, as well as renowned
experts, scholars, and related personnel in the field of obesity surgery, will attend.

参会要求 | Meeting requirements

(一) 本次会议注册费 400 元 / 人。

(1) The registration fee for this conference is 400 yuan per person.



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(二) 参会人员食宿统一安排，交通费自理，回单位按规定报销。

(2) The accommodation and meals of the attendees will be arranged uniformly, and
transportation expenses will be borne by themselves. They will be reimbursed according to
regulations when returning to their workplace.

会议联系人及电话 | Contact person and phone number for the meeting

(一) 本次会议会务联络人

成都市第三人民医院 李琴：18508272312

(二) 学术管理统筹

四川省医创会学术会务中心 袁旭：15928543550

四川省医创会官网 www.scsych.cn

四川省医创会邮箱 scsych22520@126.com

(1) Contact person for this conference

Li Qin from Chengdu Third People's Hospital: 18508272312

(2) Academic Management Coordination

Academic Conference Center of Sichuan Medical

Innovation Association Yuan Xu: 15928543550

Sichuan Medical Innovation Association official website www.scsych.cn

Email of Sichuan Medical Innovation Association scsych22520@126.com



会议日程

Meeting agenda ➤

日程一览

7月31日					
Plenary Hall (润扬厅)	New Practice of Integrated Medical Media 医媒融合新实践 (10:00-13:10)	TED TALK—“To Be a Bariatric Surgeon” 第三届“我和肥胖有个约会”TED演讲 (13:30-17:00)			
Room 1 (厚德厅)	Obesity related Reproduction 肥胖相关生殖内分泌 (08:30-10:15)	Obesity related FLD and Scientific Progress 肥胖相关脂肪肝及科研进展 (10:25-13:30)	IOS-TICOM Consensus and Multicenter Study Session 专家共识及多中心临床研究 (13:30-15:30)	Life-Course Research in Obesity-Related Chronic Diseases 肥胖相关慢性病全生命周期研究专题 (15:30-18:30)	
Room 2	Body Contouring 腹壁整形 (08:30-10:15)	Bariatric Surgery Skills and Complication 减重手术技术与并发症 (10:25-11:40)	TICOM-YOUNG Symposium 天府青年专题 (11:40-12:50)	TICOM-YOUNG Symposium 天府青年专题 (13:30-14:30)	Oral Abstract Session 摘要汇报 (14:40-16:50)

Welcome Banquet (19:30-21:30)

8月1日					
Plenary Hall (润扬厅)	Opening Ceremony and Presidential Session (08:30-10:40)	Master Sessions (10:40-11:55)	International Session 1 (11:55-12:50)	International Session 2 (13:30-15:40)	IOS-APAOSM-GBA Symposium on Applied Nutrition Session 国际肥胖学会-亚太肥胖与肌肉衰减代谢联盟-粤港澳大湾区应用营养专题 (15:40-17:30)
Room 1 (厚德厅)	Construction of Multi-Dimensional Weight Management Clinic and MDT Collaboration 多维度体重管理门诊建设与MDT协作 (10:30-12:00)	Management of multi-complex chronic diseases related to obesity 肥胖多共慢病管理 (13:30-14:45)	Perioperative safety management during bariatric surgery 减重手术围手术期安全管理 (14:45-16:00)	Nursing research, quality improvement and AI data management 护理科研、质量改进与AI数据管理 (16:00-17:15)	Long-term follow-up and continuous management of specific diseases 长期随访与特殊疾病连续管理 (17:15-18:30)
Room 2	Endoscopic Bariatric Symposium 内镜减重专题	Debate Competition Session 辩论赛 (15:00-16:30)			

30th July 2026 08:00-17:30 Pre-Congress Course of TICOM & IOS 2026 Chengdu Main Program

International Obesity Society -Tianfu Metabolic and Bariatric Surgery Specialist Training Program Location: The Third People's Hospital of Chengdu / Designated Training Facilities Moderator: Huawu Yang (The Third People's Hospital of Chengdu, Sichuan, China)		
TIME	Meeting Theme	Address
08:00-09:30	Guided Tour - Outpatient Department and Inpatient Ward	The Third People's Hospital of Chengdu
09:30-12:30	Live Surgery Observation (Theater Viewing)	Hospital Operating Theater
12:30-13:00	Interactive Q&A Session with Surgical Team	Hospital Operating Theater
13:00-14:00	Lunch Break (Provided on-site)	
14:00-17:00	Hands-On Animal Wet-Lab (Experimental Surgical Procedures on Porcine Models) • Laparoscopic Sleeve Gastrectomy • Laparoscopic Roux-en-Y Gastric Bypass (LRYGB) • Sleeve Gastrectomy with Transit Bipartition (SG-TB) • Single Incision Laparoscopic Sleeve Gastrectomy SILSG	Animal Lab Facility(Chengdu)
17:00-17:30	Certificate Presentation Ceremony	Conference Venue

31th July 2026 10:00-17:00 (Plenary Hall)			
New Practice of Integrated Medical Media 医媒融合新实践 (10:00-13:10) Session Chairs: Qin Li/ 李琴 成都市第三人民医院)、 Yanjun Liu / 刘雁军 成都市第三人民医院)			
TIME	Meeting Theme	Speaker	Moderator
10:00-10:30	Welcome Address	Yanjun Liu / 刘雁军 成都市第三人民医院 The Third People’s Hospital of Chengdu, Sichuan, China	Qin Li / 李琴 成都市第三人民医院 The Third People’s Hospital of Chengdu,Sichuan, China
10:30-10:50	The Logic, Methods, and Forms of Health Communication 健康传播的逻辑、方法和表现形式	Tao Sun / 孙涛 南开大学继续教育学院原副院长 The former vice president of the Continuing Education College of Nankai University, Beijing, China	Qin Li / 李琴 成都市第三人民医院 The Third People's Hospital of Chengdu, Sichuan, China
10:50-11:20	An electrifying way to communicate health science 健康科普的超燃表达	Le Yang / 杨乐 雄安新区未来健康传播中心培训部主任 Director of the Training Department of the Future Health Communication Center of Xiong'an New Area, Beijing, China	Guodong Liu / 刘国栋 宿迁市第一人民医院 Suqian First People's Hospital, Jiangsu, China
11:20-12:20	Production of science popularization short videos: Avoiding pitfalls and leveraging AI for efficiency improvement 科普短视频拍摄避坑及AI 辅助提效	Weisi Shi / 石维斯 雄安新区未来健康传播中心培训部副主任 Deputy Director of the Training Department of the Future Health Communication Center of Xiong'an New Area, Beijing, China	Li Zhou / 周礼 成都市第五人民医院 The Fifth People's Hospital of Chengdu,Sichuan, China
12:20-12:50	How to Make Medical Topics Hit the Top Charts - Practical Methodology for Hospital Promotion 医疗选题如何做爆款 —— 医院宣传实操方法论	Tian Qiu / 邱添 四川日报封面新闻 Sichuan Daily, Sichuan, China	Xiangwang Yu / 喻祥旺 通辽市人民医院 Tongliao People's Hospital,Inner Mongolia, China
12:50-13:10	Current Landscape of Social Media Dissemination of Obesity and Metabolic Disease Information——China and the Global Context 肥胖与代谢疾病信息在社交媒体中的传播现状：中国及全 球实践	Gang Li / 李钢 华中科技大学同济医学院附属协和医院 Union Hospital, Tongji Medical College, Huazhong University of Science and Technology,Hubei, China	Jie Li / 李捷 攀钢总医院 Pangang General Hospital,Sichuan, China
13:10-13:30	Luncheon Symposia		



TED TALK--“To Be a Bariatric Surgeon” 第三届“我和肥胖有个约会”TED演讲 (13:30-17:00) Session Chairs: Huawu Yang / 杨华武（成都市第三人民医院）、YanJun Liu / 刘雁军（成都市第三人民医院）			
TIME	Meeting Theme	Speaker	Moderator
13:30-13:40	Opening performance 开幕式表演	Huawu Yang, Jiahui Yu、Luo Fu Xinyan Pu、Qin Li 杨华武、余佳慧、付珞、蒲心研、李琴 成都市第三人民医院 The Third People's Hospital of Chengdu, Sichuan, China	
13:40-14:10	My Choice To Be a Bariatric Surgeon 一名减重代谢外科医生的抉择	Zhiyong Dong / 董志勇 广东省人民医院 Guangdong Provincial People's Hospital, Guangdong, China	Qin Li / 李琴 成都市第三人民医院 The Third People's Hospital of Chengdu, Sichuan, China
		Supporting Guests（助力嘉宾）：Yi Cheng / 陈亿（四川大学华西医院） West China Hospital of Sichuan University,Sichuan, China	
14:10-14:40	From Bariatric Surgeon to Bodybuilding Champion 从减重代谢外科医生到健美冠军	Tiangeng Wu / 吴天根 武汉大学中南医院 Zhongnan Hospital Affiliated to Wuhan University,Hubei, China	
		Supporting Guests（助力嘉宾）：Rong Hua / 花荣（复旦大学附属华山医院） Huashan Hospital Affiliated to Fudan Univerfsity,Shanghai, China	
14:40-15:10	The Journey of My Bariatric and Metabolic Surgery 我的减重代谢外科之路	Percy Brante 圣地亚哥圣玛丽亚诊所 智利 Bariatric and Benign Upper GI Surgery Team Clinica Santa Maria,Santiago, Chile	
		Supporting Guests（助力嘉宾）：Qiuye Cheng（圣乔治私立医院 澳大利亚） St. George Private, East Sydney Private Hospitals,Australia	
15:10-15:40	My Choice 我的抉择	Surprise Guest(神秘嘉宾) a patient from the bariatric and metabolic surgery team of the Third People's Hospital of Chengdu	
		Supporting Guests（助力嘉宾）：Yourui Zhao / 赵佑瑞 a patient from the bariatric and metabolic surgery team of the Third People's Hospital of Chengdu	
15:40-16:10	The Best Choice I Have Made in My Career 我做过最正确的选择	Xulong Sun / 孙许龙 中南大学湘雅三院 Xiangya Third Hospital Affiliated to Central South University,Hunan, China	
		Supporting Guests（助力嘉宾）：Yuwen Jiao / 焦宇文（常州市第二人民医院） The Second People's Hospital of Changzhou,Jiangsu, China	
16:10-16:40	The Bariatric Surgery Career: Hard but Also Worthy 减重代谢外科之路：痛并快乐着	Haibo Wang / 王海波 成都市第三人民医院 The Third People's Hospital of Chengdu, Sichuan, China	
		Supporting Guests（助力嘉宾）：Weiwei Ning / 宁伟伟（遵义医科大学附属医院） Affiliated Hospital of Zunyi Medical University,Guizhou, China	
16:40-17:00	Conclusion	YanJun Liu / 刘雁军 成都市第三人民医院 The Third People's Hospital of Chengdu, Sichuan, China	
19:30-21:30	Welcome Banquet		

31th July 2026 08:30-18:50 (Room 1)			
First IOS - Tianfu Symposium (Basic Science)			
Session 1: Obesity related Reproduction 肥胖相关生殖内分泌 (08:30-10:15) Session Chairs: Yubing Yang / 杨玉彬（四川大学华西第二医院）、Wah Yang / 杨华（暨南大学附属第一医院）			
TIME	Meeting Theme	Speaker	Moderator
08:30-08:40	Welcome Address	Wah Yang / 杨华 暨南大学附属第一医院 First Affiliated Hospital of Jinan University, Guangzhou, China	Yubing Yang / 杨玉彬 四川大学华西第二医院 West China Second Hospital of Sichuan University, Sichuan, China
08:40-09:00	Inauguration Ceremony of the International Obesity Society Working Group on Reproductive Endocrinology 国际肥胖学会中西医结合生殖内分泌工作组成立仪式	All members	Wah Yang / 杨华 暨南大学附属第一医院 First Affiliated Hospital of Jinan University, Guangzhou, China
09:00-09:15	Caloric Restriction Corrects Insulin Resistance: A TCM Bigu Protocol for Promoting Pregnancy 热量限制纠正胰岛素抵抗促进受孕的中医辟谷方案	Jian Qin / 秦莹 中山大学附属第七医院 The Seventh Affiliated Hospital of Sun Yat-sen University, Guangdong, China	
09:15-09:30	The impact of obesity on female endometrium 女性肥胖对子宫内膜的影响	Qianhong Ma / 马黔红 四川大学华西第二医院 West China Second Hospital of Sichuan University,Sichuan, China	
09:30-09:45	UndetApplication of Lifestyle Intervention for Weight Management in Obese Patients with PMOS 生活方式干预体重管理在肥胖型多内分泌代谢卵巢综合征 患者中的应用	Li Luo / 罗利 四川大学华西第二医院 West China Second Hospital of Sichuan University,Sichuan, China	Hang Ma / 马航 西南大学 Southwest University,Chongqing, China
09:45-10:00	Investigating TCM Phenotypic Characteristics of PMOS Complicated with MAFLD PMOS合并MAFLD的中医表型特征挖掘	Yubing Yang / 杨玉彬 四川大学华西第二医院 West China Second Hospital of Sichuan University,Sichuan, China	Yanling Mou / 牟燕琳 成都市第三人民医院 The Third People's Hospital of Chengdu,Sichuan, China
10:00-10:15	The TCM Material Basis of Ketogenic Diet in Improving Metabolism 生酮饮食改善代谢的中医物质基础	Hui Li / 李辉 广州中医药大学番禺区中医院 Panyu District Hospital affiliated to Guangzhou University of Traditional Chinese Medicine, Guangdong, China	
10:15-10:25	Coffee Break		



Session 2: Obesity related FLD and Scientific Progress 肥胖相关脂肪肝及科研进展 (10:25-13:30) Session Chairs: Tongtong Zhang / 张彤彤（成都市第三人民医院）、YanJun Liu / 刘雁军（成都市第三人民医院）			
TIME	Meeting Theme	Speaker	Moderator
10:25-10:30	Welcome Address	YanJun Liu / 刘雁军 成都市第三人民医院 The Third People's Hospital of Chengdu, Sichuan, China	Tongtong Zhang / 张彤彤 成都市第三人民医院 The Third People's Hospital of Chengdu, Sichuan, China
10:30-10:50	Non-coding RNAs in Obesity Associated Cardiovascular Disease and MASLD 肥胖相关心血管疾病和代谢相关脂肪性肝病中的非编码RNA	Qiaozhu Su (online) 英国贝尔法斯特女王大学全球粮食安全研究所与生物科学 Institute for Global Food Security and School of Biological Sciences at Queen's University Belfast, United Kingdome	
10:50-11:10	Fatty Liver PERSONS Platform Development and Research Translation 脂肪肝PERSONS平台建设与科研转化	Ming-Hua Zheng / 郑明华 温州医科大学第一附属医院 The First Affiliated Hospital of Wenzhou Medical University,Zhejiang, China	Zhonghui Feng / 冯钟徽 成都市第三人民医院 The Third People's Hospital of Chengdu, Sichuan, China
11:10-11:30	Interrogating RNA modifications to gain novel insights into obesity and type 2 diabetes RNA 修饰调控肥胖和2型糖尿病新见解	Ling Xiao / 肖玲 四川大学华西第二医院 West China Second Hospital of Sichuan University,Sichuan, China	Tianqi Lu / 鲁天绮 成都市第三人民医院 The Third People's Hospital of Chengdu, Sichuan, China
11:30-11:50	Ferroptosis and MASH 铁死亡与代谢相关性脂肪性肝炎	Fang Hu / 胡芳 中南大学湘雅二医院 The Second Xiangya Hospital of Central South University,Hunan, China	Yan Wang / 王琰 成都市第三人民医院 The Third People's Hospital of Chengdu, Sichuan, China
11:50-12:10	The path of a surgeon's scientific research growth 外科医生的科研成长之路	Zening Huang / 黄泽宁 福建医科大学附属协和医院 Union Hospital Affiliated to Fujian Medical University,Fuzhou, China	Xiongfei Pan / 潘雄飞 四川大学华西第二医院 West China Second University Hospital, Sichuan University,Sichuan, China
12:10-12:30	Androgen-regulated adipose remodeling and obesity pathogenesis 雄激素调控脂肪重塑与肥胖发生	Hannah Xiao Yan Hui / 惠晓艳 香港中文大学 The Chinese University of Hong Kong, Hong Kong, China	
12:30-12:50	Recent findings in Genetics of Obesity in Chinese Youngs (GOCY) study 中国青少年肥胖遗传学研究进展	Jiqiu Wang / 王计秋 上海交通大学附属瑞金医院 Ruijin Hospital Affiliated to Shanghai Jiao Tong University,Shanghai, China	
12:50-13:30	From STEP to SELECT: Clinical Management of Obesity 从STEP到SELECT看肥胖症的临床管理 Le Bu / 卜乐（上海市第十人民医院） The Tenth People's Hospital of Shanghai (Novo Nordisk Special Meeting 诺和诺德专题会)		

Session 3: IOS-TICOM Consensus and Multicenter Study Session 专家共识及多中心临床研究 (13:30-15:30) Session Chairs: Wei-Jei Lee / 李威杰, Jianli Han / 韩建立, Yanjun Liu / 刘雁军			
TIME	Meeting Theme	Panel Discussion	Moderator
13:30-13:45	Release of "An international multidisciplinary consensus statement on laparoscopic liver biopsy" by the International Obesity Society 国际肥胖学会腹腔镜肝活检多学科国际专家共识发布	任崇仁、花 荣、陈 亿、程 中、董志勇 曹新岭、董扬帆、延 冰、蔡永乾、杨建军 褚薛慧、贾奔黎、于 洋、管 蔚、赖敬业 曾梦华、戴晓江、刘建军、龙飞伍、杨 芮 刘昭晖、朱元增、屈 兵、李晓峰、李鹏洲 宁伟伟、赵 磊、刘召洪、姚立彬、吕金利 张 源、张贵祥、刘雁军、陈 亿、黄泽宁 张松海、李晓刚、吴俊梅、李 琴、康 欣	Hongmei Zhu / 朱红梅 成都市第三人民医院 Jiahui Yu / 余佳慧 成都市第三人民医院 Wenjie Zhu / 朱雯洁 《中华胃肠外科杂志》 Juanjuan Luo / 罗娟娟 《Metabolism and Target Organ Damage》
13:45-14:15	International Expert Consensus on Prevention and Management of GERD after Laparoscopic Sleeve Gastrectomy 袖状胃切除术后胃食管反流防治国际专家共识讨论	Percy Brante、Alan Saber、Stephen NG Jaydeep Palep、Georgia Rigas ToghruI Talishinskiy、Kamal Mahawar Asim Shabbir、Wei-Jei Lee(李威杰) Simon Wong	
14:15-14:45	Long-Term Efficacy of Metabolic and Bariatric Surgery on Obesity-Related Metabolic Diseases: A Multicenter Retrospective Study 减重代谢外科手术治疗肥胖症相关代谢性疾病长期疗效的多中心回顾性研究讨论	曾梦华、周 礼、鲍 峰、伍洪彬、肖国梁 杨晓波、王海波、王 兵、杨华武、杨景哥 王存川、朱江帆、朱利勇、王 勇、白日星 任亦星、梁 辉、陶 锐、孙贵顺、臧义丰 王桂琦、杨 平、赵象文、韩建立	
14:45-15:30	Expert Consensus on Diagnosis and Management of Weight Regain After Bariatric Surgery (Chinese) 减重术后复胖诊疗策略专家共识讨论		
Session 4: Life-Course Research in Obesity-Related Chronic Diseases 肥胖相关慢性病全生命周期研究专题 (15:30-18:30) Session Chairs: Bo Xi / 席波、An Pan / 潘安、Le Ma / 马乐、Shengzhi Sun / 孙生志			
TIME	Meeting Theme	Panel Discussion	Moderator
15:30-15:50	Estimating the Causal Effects of Exposure Mixtures on Body Mass Index 混合暴露对体质指数的因果效应估计	Tong Wang / 王彤 南方医科大学公共卫生学院 School of Public Health,Southern Medical University	Bo Xi / 席波 山东大学公共卫生学院 School of Public Health, Shandong University
15:50-16:10	Early Adiposity Rebound Timing and Childhood Obesity and Cardiometabolic Risk: Evidence from a Birth Cohort 脂肪重集聚时相提前与儿童肥胖及心血管代谢风险的出生队列研究	Fangbiao Tao / 陶芳标 安徽医科大学公共卫生学院 School of Public Health,Anhui Medical University	
16:10-16:30	Cardiovascular Health in Chinese Children and Adolescents: Current Status, Challenges, and Strategies 我国儿童青少年心血管健康现状、挑战与应对	Jie Mi / 米杰 首都医科大学附属北京儿童医院 Beijing Children's Hospital,Capital Medical University	An Pan / 潘安 华中科技大学同济医学院公共卫生学院 School of Public Health, Tongji Medical College, Huazhong University of Science and Technology
16:30-16:50	Environmental Exposures and Obesity 环境暴露与肥胖	Haidong Kan / 阚海东 复旦大学公共卫生学院 School of Public Health,Fudan University	
16:50-17:00	Coffee Break		
17:00-17:20	Multi-Omics Technologies Driving Research and Translation in Precision Nutrition 多组学技术驱动精准营养研究与转化	Ying Li / 李颖 哈尔滨医科大学公共卫生学院 School of Public Health,Harbin Medical University	Le Ma / 马乐 西安交通大学公共卫生学院 School of Public Health,Xi'an Jiaotong University
17:20-17:40	Determinants of Health among Children and Adolescents in China 中国儿童青少年健康决定因素研究	Yi Song / 宋逸 北京大学公共卫生学院 School of Public Health,Peking University	
17:40-18:00	Obesity Trajectories and Their Impact on Cardiovascular Disease Risk: Evidence from Longitudinal Cohorts 基于纵向队列的肥胖演变轨迹及对心血管疾病风险作用	Jianxin Li / 李建新 中国医学科学院阜外医院 Fuwai Hospital,Beijing, China	Shengzhi Sun / 孙生志 首都医科大学公共卫生学院 School of Public Health,Capital Medical University
18:00-18:20	Mapping and Characterization of the Genetic Architecture of Obesity During Pregnancy 妊娠期肥胖遗传图谱的构建与解析	Siyang Liu / 刘斯洋 中山大学生物安全学院 School of Biosafety,Sun Yat-sen University	
18:20-18:30	Conclusion	Xiongfei Pan / 潘雄飞 四川大学华西第二医院 West China Second University Hospital,Sichuan University	
19:30-21:30	Welcome Banquet		



31th July 2026 08:30-17:30 (Room 2)

First IOS - Tianfu Symposium (Clinic Science)

Session 1: Body Contouring 腹壁整形 (08:30-10:15) Session Chairs: Xin Cui / 崔鑫（西安国际医学中心）、Wah Yang / 杨华（暨南大学附属第一医院）			
TIME	Meeting Theme	Speaker	Moderator
08:30-08:40	Welcome Address	Wah Yang / 杨华 暨南大学附属第一医院 First Affiliated Hospital of Jinan University, Guangzhou, China	Xin Cui / 崔鑫 西安国际医学中心 Xi'an International Medical Center, Xi'an, China
08:40-09:00	Inauguration Ceremony of the International Obesity Society Working Group on Body Contouring 国际肥胖学会形体塑形工作组成立仪式	All members	Xin Cui / 崔鑫 西安国际医学中心 Xi'an International Medical Center, Xi'an, China
09:00-09:15	A Severity-Based Surgical Algorithm for Gluteal Rejuvenation: From Prevention to Correction of Buttock Ptosis 基于严重程度的臀部修复手术方案：从预防到矫正臀部下垂	Yunpeng Gu / 顾云鹏 中国医学科学院整形外科医院 Plastic Surgery Hospital,Chinese Academy of Medical Sciences, Beijing, China	Yang Liu / 刘阳 成都市第三人民医院 The Third People's Hospital of Chengdu, Sichuan, China
09:15-09:30	Individualized Preoperative Assessment and Surgical Planning for Breast Reduction and Mastopexy 乳房缩小术与隆胸术的个体化术前评估及手术规划	Su Fu / 付苏 中国医学科学院整形外科医院 Plastic Surgery Hospital,Chinese Academy of Medical Sciences,Beijing, China	Hanfeng Wang / 王汉峰 西安国际医学中心 Xi'an International Medical Center, Xi'an, China
09:30-09:45	Abdominoplasty Combined with Large-Volume Gluteal Fat Grafting: Clinical Practice and Theoretical Foundations 腹部整形术联合大容量臀部脂肪移植：临床实践与理论基础	Ziqing Dong / 董自清 南方医科大学南方医院 Department of Plastic and Cosmetic Surgery, Nanfang Hospital,Southern Medical University, Guangdong, China	Feiwu Long / 龙飞伍 四川大学华西第四医院 West China Fourth Hospital,Sichuan, China
09:45-10:00	Beyond Repair: Complex Management, Innovation, and Maximizing Patient Value in Combined Abdominal Wall Reconstruction and Concurrent Disease Treatment 超越修复：腹壁重建与合并疾病治疗中的复杂管理、创新及患者价值最大化	Yuanqing Cao / 曹渊卿 昆明延安医院 Kunming Yan'an Hospital,Yunnan, China	Xiaogang Li / 李晓刚 云南省第二人民医院 The Second People's Hospital of Yunnan Provincial,Yunnan, China
10:00-10:15	Application of Argon Plasma in Body Sculpting Among Post-weight-loss Patients 氩等离子体在减重后患者身体塑形中的应用	Chao Xie / 谢超 湖南省职业病防治院 Hunan Prevention and Treatment Institute for Occupational Diseases,Hunan, China	
10:15-10:25	Coffee Break		
Session 2: Bariatric Surgery Skills and Complication 减重手术技术与并发症 (10:25-11:40) Session Chairs: Zhiyong Dong / 董志勇（广东省人民医院）、Hongmei Zhu / 朱红梅（成都市第三人民医院）			
TIME	Meeting Theme	Speaker	Moderator
10:25-10:40	Short-term clinical results report of the SASI and RYGB: a clinical randomized controlled study SASI与RYGB的短期临床结果报告：一项临床随机对照研究	Xuehui Chu / 褚薛慧 南京大学附属鼓楼医院 Drum Tower Hospital Affiliated to Nanjing University,Jiangsu, China	Zhiyong Dong / 董志勇 广东省人民医院 Guangdong Provincial People's Hospital, Guangdong, China
10:40-10:55	one-year outcomes of sg with tb versus sg and sg-ijb in chinese patients with bmi ≥37.5 kg/m²: a prospective study SG、SG-TB和SG-JJB在BMI≥37.5kg/m2中国人群中的一年结果：一项前瞻性研究	Hongmei Zhu / 朱红梅 成都市第三人民医院 The Third People's Hospital of Chengdu, Sichuan, China	Jianjun Yang / 杨建军 复旦大学附属华东医院 East China Hospital Affiliated to Fudan University,Shanghai, China
10:55-11:10	SADI-S in Thailand: Clinical Experience, Patient Selection, and Lessons for Metabolic Bariatric Surgery in Asia 泰国开展SADI-S的临床经验、患者选择及启示	Kamthorn Yolsuriyanwong 宋卡王子大学医学院宋卡纳里医院 泰国 Songklanagarind Hospital,Faculty of Medicine, Prince of Songkla University, Thailand	Monica Pon 中国澳门仁伯爵综合医院 Centro Hospitalar Conde de São Januário, Macao, China
11:10-11:25	The Future of Metabolic Surgery in Liver Disease: AI, Precision Medicine and Better Patient Selection 代谢外科在肝脏疾病治疗的未来：人工智能、精准医疗与更优的患者筛选	Hafsa Younus 凯特灵综合医院 英国 Kettering General Hospital,London, UK	Oral Ospanov 阿斯塔纳医科大学首席研究员 Chief Researcher of Astana Medical University, Kazakhstan
11:25-11:40	Laparoscopic Management of a Late Gastrocolic Fistula After Sleeve Gastrectomy: Clinical Case 袖状胃切除术后晚期胃-结肠瘘的腹腔镜治疗临床经验	Nozim Jumaev 塔什干医学院 乌兹别克斯坦 Tashkent medical academy.Tashkent,Olmazor, Uzbekistan	

Session 3: TICOM-YOUNG Symposium 天府青年专题 (11:40-13:30) Session Chairs: Pengzhou Li / 李鹏洲（中南大学湘雅三院）、Bing Wang / 王兵（成都市第三人民医院）			
TIME	Meeting Theme	Speaker	Moderator
11:40-11:55	Management strategies for gastric leakage after sleeve gastrectomy 袖状胃术后胃漏处理策略	Pengzhou Li / 李鹏洲 中南大学湘雅三院 The Third Xiangya Hospital of Central South University,Hunan, China	Bing Wang / 王兵 成都市第三人民医院 The Third People's Hospital of Chengdu, Sichuan, China
11:55-12:10	Robotic OAGB - 14 years experience 机器人单吻合口胃旁路手术14年临床经验	Arun Prasad (online) 因德拉普拉斯塔阿波罗医院 印度 Indraprastha Apollo Hospitals,New Delhi, India	Yang Yu / 于洋 吉林大学中日联谊医院 China-Japan Union Hospital of Jilin University,Jilin, China
12:10-12:25	Crossing Boundaries, Connecting Minds: International Obesity Society (IOS) — Building a Global Obesity Research Ecosystem 跨越边界，联结智慧：国际肥胖学会——构建全球肥胖科研新生态	Wah Yang / 杨华 暨南大学附属第一医院 First Affiliated Hospital of Jinan University, Guangzhou, China	Jaydeep Palep 孟买减重外科高级顾问 印度 Senior Consultant Bariatric & GI surgeon at the PD Hinduja,Jaslok,Breach Candy, Lilavati,and Saifee Hospitals,Mumbai, India
12:25-12:40	The Strategy on Stricture after LSG 袖状胃术后狭窄的处理策略	Stephen NG / 吴家琦 香港中文大学附属威尔斯亲王医院 Prince Wales Hospital of The Chinese University of Hong Kong,Hong Kong, China	Hafsa Younus 凯特灵综合医院 英国 Kettering General Hospital,London, UK
12:40-12:55	Precautions for Medication Use After Bariatric Surgery 减重代谢手术后药物使用注意事项	Heng Xi / 郗恒 成都市第三人民医院 The Third People's Hospital of Chengdu, Sichuan, China	
12:55-13:30	Luncheon Symposia Deconstructing the Obesity-MASLD Vicious Cycle and Pathways to Break It 解构肥胖和MASLD恶性循环与破局之道 Jiahui Yu / 余佳慧（成都市第三人民医院） The Third People's Hospital of Chengdu, Sichuan, China (Innovent Biologics Special Meeting 信达生物专题会)		
Session 4: TICOM-YOUNG Symposium 天府青年专题 (13:30-14:30)			
TIME	Meeting Theme	Speaker	Moderator
13:30-13:45	Robotic surgery and AI assistance AI辅助机器人减重手术	Toghrul Talishinskiy 新泽西州圣约瑟夫医疗中心 美国 St. Joseph's Health,New Jersey, United States	Yi Liu / 刘逸 南昌大学附属医院 Affiliated Hospital of Nanchang University,Jiangxi, China
13:45-14:00	Complication Management of Laparoscopic Sleeve Gastrectomy with Transit Bipartition Surgery 腹腔镜袖状胃切除术联合双通道手术并发症处理	Libin Yao / 姚立彬 徐州医科大学附属医院 Affiliated Hospital of Xuzhou Medical University,Jiangsu, China	Guiqi Wang / 王桂琦 河北医科大学第一附属医院 First Affiliated Hospital of Hebei Medical University,Hebei, China
14:00-14:15	Prevention of Deep Vein Thrombosis during the Perioperative Period of Bariatric Surgery 减重手术围手术期深静脉血栓预防	Menghua Zeng / 曾梦华 重庆医科大学附属第一医院 The First Affiliated Hospital of Chongqing Medical University,Chongqing, China	Jinli Lv / 吕金利 联勤保障部队484医院 Joint Support Force 484 Hospital, Zhengzhou, China
14:15-14:30	Management of Complications in Laparoscopic Single-Port Bariatric Surgery 腹腔镜单孔减重手术并发症处理	Jianjun Yang / 杨建军 复旦大学附属华东医院 East China Hospital Affiliated to Fudan University,Shanghai, China	Jianli Han / 韩建立 山西白求恩医院 Shanxi Bethune Hospital,Shanxi, China
14:30-14:40	Coffee Break		



Session 5: Oral Abstract Session 摘要汇报 (14:40-16:50)			
TIME	Meeting Theme	Speaker	Moderator
14:40-14:50	Patient-Reported Treatment Difficulties and Support Needs in GLP-1 Receptor Agonist Use for Weight Management: A Real-World Survey GLP-1受体激动剂用于体重管理的患者报告治疗困难与支持需求：一项真实世界调查	Qing Xia Queensland University of Technology, Brisbane, Australia	Junmei Wu / 吴俊梅 海南医科大学第一附属医院 First Affiliated Hospital of Hainan Medical University,Haikou, China
14:50-15:00	Three-Year Outcomes of Reflux Esophagitis and Late Complications After FundoRing Versus Standard One-Anastomosis Gastric Bypass: A Randomized Controlled Trial FunddoRing 与标准单吻合口胃旁路术治疗反流性食管炎及晚期并发症的三年结果：一项随机对照试验	Oral Ospanov Chief Researcher of Astana Medical University, Kazakhstan	Ming Ni / 倪敏 南宁市第二人民医院 Nanning Second People's Hospital, Guangxi, China
15:00-15:10	Validation of Bioimpedance Analysis for Assessment of Body Composition in Chinese Aged 6–18 Years —— A Study Protocol 一项用于评估6–18岁中国儿童体成分的生物阻抗分析验证研究方案	Can Zhao The Chinese University of Hong Kong, Shenzhen	Lei Zhao / 赵磊 哈尔滨医科大学附属第一医院 First Affiliated Hospital of Harbin Medical University, Heilongjiang, China
15:10-15:20	Sulforaphene Preserves Skeletal Muscle During Weight Loss by Targeting Sirt7-Mediated Redox and Inflammatory Signaling 萝卜硫素通过靶向Sirt7介导氧化还原与炎症保护骨骼肌在减重过程种的功能	Siqi Wang China-Japan Friendship Hospital,Beijing, China	
15:20-15:30	Optimizing Management Strategies for Early Complications Following Mini-gastric Bypass (mgb/oagb): A Systematic Approach 优化迷你胃旁路(mgb/oagb)术后早期并发症的管理策略：一项系统性评价	Bakhodir Ismailov Uzbekistan	
15:30-15:40	Co-occurrence patterns and predictors of maladaptive eating behavior among patients undergoing bariatric and metabolic surgery 接受减重与代谢手术患者中不良饮食行为的共现模式及预测因素	Ningli Yang Jiangsu Province Hospital,Jiangsu, China	Hafsa Younus 凯特灵综合医院 英国 Kettering General Hospital,London, UK
15:40-15:50	Unveiling Predictors of Hypoalbuminemia Following One Anastomosis Gastric Bypass (OAGB): A Retrospective Analysis 单吻合口胃旁路术(OAGB)后低白蛋白血症的预测因素分析：一项回顾性研究	Arshad Ali Pakistan (Online)	Tongtong Zhang / 张彤彤 成都市第三人民医院 The Third People's Hospital of Chengdu, Sichuan, China
15:50-16:00	Antrum Resection Versus Preservation Following Laparoscopic Sleeve Gastrectomy in the Treatment of Obesity: A Meta-Analysis of Randomized Controlled Trials and Systematic Review 腹腔镜袖状胃切除术下行胃窦切除与保留的比较：一项随机对照试验的荟萃分析及系统综述	Jinlong Luo Zigong Fourth People's Hospital	Percy Brante 圣地亚哥圣玛丽亚诊所 智利 Bariatric and Benign Upper GI Surgery Team Clinica Santa Maria,Santiago, Chile
16:00-16:10	A Retrospective Comparative Study on Anemia Risk and Changes in Related Nutritional Indicators After Sleeve Gastrectomy vs. Roux-en-Y Gastric Bypass 袖状胃切除术与Roux-en-Y胃旁路术后贫血风险及相关营养指标变化的回顾性对比研究	Yating Song The First Affiliated Hospital of Nanjing Medical University,Jiangsu, China	
16:10-16:20	Construction and validation of a namogram for predicting iron deficiency anemia after metabolic and bariatric surgery 代谢与减重手术后缺铁性贫血预测的名称图构建与验证	Hongxia Hua The First Affiliated Hospital with Nanjing Medical University,Nanjing 210029, China	Xin Cui / 崔鑫 西安国际医学中心 Xi'an International Medical Center, Xi'an, China
16:20-16:30	Clinical Application of Mommy Makeover Surgery in Postpartum Body Rejuvenation Mommy makeover 手术在产后女性年轻化中的临床应用	Hang Zhang Department of Microsurgical Reconstructive Surgery, Sichuan Modern Hospital,Sichuan,China	Wah Yang / 杨华 暨南大学附属第一医院 First Affiliated Hospital of Jinan University, Guangzhou, China
16:30-16:40	Gut microbiota-derived isoUDCA mediates RYGB-induced intestinal glucose secretion to lower blood glucose 源自肠道菌群的异构UDCA通过介导RYGB诱导的肠道葡萄糖分泌，从而降低血糖水平	Zhigang Ke Department of General Surgery, Daping Hospital, Army Medical University,Chongqing, China	Qiuye Cheng 圣乔治私立医院 澳大利亚 St. George Private, East Sydney Private Hospitals, Australia
16:40-16:50	Conclusion	Huawu Yang / 杨华武 成都市第三人民医院 The Third People's Hospital of Chengdu, Sichuan, China	
19:30-21:30	Welcome Banquet		

1st Aug 2026 08:30-18:00 (Plenary Hall)			
Opening Ceremony and Presidential Session (08:30-10:40)			
TIME	Meeting Theme	Speaker	Moderator
08:30-09:00	Welcome Address	Kui Wu / 吴奎 成都市第三人民医院 The Third People's Hospital of Chengdu, Sichuan, China	
	Welcome Address	Wei-Jei Lee / 李威杰 国际肥胖学会主席 President,International Obesity Society	
09:00-09:15	IOS Global Collaborations MoU Signing Ceremony 国际肥胖学会全球合作谅解备忘录签署仪式	1. Sichuan Medical Science and Technology Innovation Research Association 四川省医学科技创新研究会 2. The Upper Gastrointestinal Surgical Society (TUGSS) 国际上消化道外科学会 3. Macao Obesity Medical Association(MOMA) 澳门肥胖医学会 4. Macau Society for Health Economics (MSHE) 澳门卫生经济学会 5. IRCAD China 宜凯德国际医学交流中心 6. Changzhou Qianjing Rehabilitation Co., Ltd. 常州市钱璟康复股份有限公司 7. Shenzhen Zeneca Biotechnology Co., Ltd. 深圳市捷利康生物科技有限公司 8. Beijing Preintell IP Co., Ltd 北京预立生科知识产权代理有限公司	Chuhan Wang / 王楚涵 四川电视台 Sichuan Television Station, Sichuan, China Huawu Yang / 杨华武 成都市第三人民医院 The Third People's Hospital of Chengdu, Sichuan, China
09:15-09:20	IOS Awards Ceremony 国际肥胖学会颁奖仪式	IOS Research Excellence Award 国际肥胖学会卓越研究奖 IOS Distinguished Contribution Award 国际肥胖学会突出贡献奖 Top 10 Abstracts Award 十佳论文摘要奖	
09:20-09:40	IOS Presidential Address: From Excellence to Impact: Cultivating the Next Generation of Global Leaders in Obesity Medicine 从卓越到影响力：培育下一代全球肥胖医学领军人物	Wei-Jei Lee / 李威杰 国际肥胖学会主席 President, International Obesity Society, Taiwan, China	Percy Brante 圣地亚哥圣玛丽亚诊所 智利 Bariatric and Benign Upper GI Surgery Team Clinica Santa Maria, Santiago, Chile
09:40-10:00	IOS Global Lecture : Breaking Borders, Building Bridges: How Young Scientists Can Lead the Future of Global Metabolic Research 打破边界，搭建桥梁：青年科学家如何引领全球代谢研究的未来	Kamal Mahawar 英格蘭皇家外科学院院士 Fellow, The Royal College of Surgeons of England, RCS 英国纽卡斯尔大学 Newcastle University, Newcastle, UK	Kong-Han Ser / 徐光汉 中坜天晟医院 Taichung Tiansheng Hospital, Taiwan, China
10:00-10:20	IOS Research Excellence Award Lecture : MASLD Beyond the Liver: A Global Call for Cross-Disciplinary Action 超越肝脏的MASLD：全球跨学科行动的呼唤	Ming-Hua Zheng / 郑明华 温州医科大学第一附属医院 The First Affiliated Hospital of Wenzhou Medical University,Zhejiang, China	Jiangfan Zhu / 朱江帆 同济大学附属上海市第十人民医院 Shanghai Tenth People's Hospital Affiliated to Tongji University, Shanghai, China
10:20-10:40	IOS-Tianfu Lecture: On the Cutting Edge: The Road to Becoming a Metabolic and Bariatric Surgeon - Things I Wish Someone Had Told Me 刀锋之上，减重代谢外科医生成长感悟——那些我希望当初有人告诉我的事	Cunchuan Wang / 王存川 前海人寿广州总医院 Foresea Life Insurance Guangzhou General Hospital,Guangdong, China	Zhong Cheng / 程中 四川大学华西医院 West China Hospital of Sichuan University, Sichuan, China



Master Sessions (10:40-11:55)			
TIME	Meeting Theme	Speaker	Moderator
10:40-10:55	The Current Situation and Challenges of Bariatric Surgery in the Asia-Pacific Region 亚太地区减重手术的现状和挑战	Asim Shabbir 新加坡国立大学 新加坡 National University of Singapore, Singapore	Rixing Bai / 白日星 首都医科大学附属北京天坛医院 Beijing Tiantan Hospital Affiliated to Capital Medical University, Beijing, China Yixin Ren / 任亦星 川北医学院附属医院 Affiliated Hospital of North Sichuan Medical College, Sichuan, China Liesheng Lu / 卢列盛 同济大学附属上海市第十人民医院 Shanghai Tenth People's Hospital Affiliated to Tongji University, Shanghai, China Libin Yao / 姚立彬 徐州医科大学附属医院 Affiliated Hospital of Xuzhou Medical University, Jiangsu, China
10:55-11:10	AI-driven comprehensive management model for obesity AI驱动的肥胖症综合管理模式	Liyong Zhu / 朱利勇 中南大学湘雅医学院 Xiangya School of Medicine, Central South University, Hunan, China	
11:10-11:25	SADI-S Revision Surgery: The Cost of One Wrong Move and the Wisdom to Turn It Around SADI-S修正手术：那些“一步踏错”的代价与“化险为夷”的智慧	Yong Wang / 王勇 中国医科大学附属第四医院 The Fourth Affiliated Hospital of China Medical University, Liaoning, China	
11:25-11:40	Preliminary Exploration of the Construction of "1+N" Weight Management Centers in China “1+N”体重管理中心建设初步探索	Yanjun Liu / 刘雁军 成都市第三人民医院 The Third People's Hospital of Chengdu, Sichuan, China	
11:40-11:55	21 Years on LGR4 and Central Obesity: One Gene, One Obsession, and the Long Run from Bench to Bedside 廿一年磨一剑：LGR4与中心型肥胖——从基因发现到临床转化的“长跑”	Jiqiu Wang / 王计秋 上海交通大学医学院附属瑞金医院 Ruijin Hospital Affiliated to Shanghai Jiao Tong University, Shanghai, China	
International Session 1 (11:55-12:50)			
TIME	Meeting Theme	Speaker	Moderator
11:55-12:05	Pharmacotherapy versus bariatric surgery: Russian experience 俄罗斯药物和手术治疗肥胖经验分享	Aleksandr Neimark 阿尔马佐夫国家医学研究中心 Senior scientist of Almazov National Medical Research Centre, Russia	Xiangwen Zhao / 赵象文 中山小榄人民医院 Xiaolan People's Hospital, Guangzhou, China
12:05-12:20	One Size Fits None: The Shift from Generic Indications to Personalized Selection “一刀切”已成过去：减重手术从适应证到个体化选择的精准跃迁	Hui Liang / 梁辉 江苏省人民医院 Jiangsu Province Hospital, Nanjing, China	Menghua Zeng / 曾梦华 重庆医科大学附属第一医院 The First Affiliated Hospital of Chongqing Medical University, Chongqing, China
12:20-12:35	SADI-S in China: Early Wins, Open Questions SADI-S在中国：短期临床获益的“初战告捷”与远期期待的“未完待续”	Yang Yu / 于洋 吉林大学中日联谊医院 China-Japan Union Hospital of Jilin University, Jilin, China	Georgia Rigas 圣乔治私立医院 澳大利亚 St George Private Hospital, Australia
12:35-12:50	Bariatric Surgery in Australia and Health Economics Evaluation: Who Qualifies, Who Pays, and Is It Worth It? 澳大利亚减重手术的准入门槛与卫生经济效益：谁该做、谁买单、值不值？	Qiuye Cheng / 程秋野 圣乔治私立医院 澳大利亚 St. George Private, East Sydney Private Hospitals, Australia	Nada Rawof 澳大利亚梅里兰兹医疗中心 Myhealth Medical Center Merrylands, Australia
12:50-13:30	Luncheon Symposia Can obesity management break through the metabolic deadlock? 代谢困局背后，肥胖管理能否迎来破局时刻？ Ang Li / 李昂（北京大学第一医院） The First Hospital Affiliated to Peking University, Beijing, China (Eli Lilly Special Meeting 礼来专题会)		Jiahui Yu / 余佳慧 成都市第三人民医院 The Third People's Hospital of Chengdu, Sichuan, China

International Session 2 (13:30-15:40)			
TIME	Meeting Theme	Speaker	Moderator
13:30-14:00	MBSAQIP: lessons learned MBSAQIP：美国减重外科质控数据库的经验借鉴	Alan Saber 纽瓦克贝斯以色列医疗中心肥胖医学主任 Director of Obesity Medicine Newark Beth Israel Medical Center, RWJ Barnabas Health, United States	Rui Tao / 陶锐 重庆市璧山区中医院 Bishan District Hospital of Traditional Chinese Medicine, Chongqing, China
14:00-14:25	Endobariatrics: Supporting Act or Headliner? - Redefining the Future Landscape 内镜减重：是配角还是主角？——未来减重格局的颠覆与重构	Simon Wong 香港中文大学 The Chinese university of Hong Kong, Hong Kong, China	Xiaojiang Dai / 戴晓江 广州中医药大学金沙洲医院 Jinshazhou Hospital Affiliated Guangzhou University of TCM
14:25-14:50	RYTB for Revisional Surgery: Weapon of Last Resort or the Best Second Chance? RYTB：修正手术的终极武器还是最后选项？——来自中国的实践经验	Jingge Yang / 杨景哥 暨南大学附属第一医院 First Affiliated Hospital of Jinan University, Guangzhou, China	Toghru Talishinskiy 新泽西州圣约瑟夫医疗中心 美国 St. Joseph's Health, New Jersey, United States
14:50-15:15	Transit Bipartition and SAS-J: How Indian Innovations Are Expanding the Bariatric Toolkit 印度“双通道”与SAS-J：东方智慧如何改写减重外科的手术菜单	Jaydeep Palep 孟买减重代谢外科高级顾问 Senior Consultant Bariatric & GI surgeon at the PD Hinduja, Jaslok, Breach Candy, Lilavati, and Saifee Hospitals, Mumbai, India	Fadil Khaleal 内皮恩和费尔菲尔德公立医院 普通外科顾问医生 Consultant General Surgeon, Nepean and Fairfield Public Hospitals, Sydney, Australia
15:15-15:40	Status and Challenges of Bariatric Surgery in Taiwan 台湾减重手术开展情况及面临挑战	Kong-Han Ser / 徐光汉 中坜天晟医院 Zhongli TenChan Medical Center, Taiwan, China	
IOS-APAOSM-GBA Symposium on Applied Nutrition Session 国际肥胖学会-亚太肥胖与肌肉衰减代谢联盟-粤港澳大湾区应用营养专题 Session Chairs: Terry Ho Yan Ting / 丁浩恩, Cui Feng Zhu / 朱翠凤, Sok Soi Iao / 尤淑瑞 (15:40-17:30)			
TIME	Meeting Theme	Speaker	Moderator
15:40-15:55	Precision Lipid Metabolism Intervention: Clinical Value and Innovative Applications of Medical MCT Fat Components 特医MCT脂肪组件的临床价值与创新应用	Cuifeng Zhu / 朱翠凤 南方医科大学深圳医院 Department of Clinical Nutrition Shenzhen Hospital, Southern Medical University	
15:55-16:10	Prevalence of obesity in Hong Kong and Community-based interventions for primary care 香港人肥胖情况及社区应对策略	Pallas Yin Pan Chau / 周燕彬 香港营养学会 Hong Kong Nutrition Association, Hong Kong, China	Sok Soi Iao / 尤淑瑞 澳门营养学会 Macau Nutrition Association, Macao, China
16:10-16:25	Nutrient Deficiencies Requiring Attention After Bariatric Surgery 减重术后应该重视的营养缺乏问题	Peisen Guo / 郭沛森 成都市第三人民医院 The Third People's Hospital of Chengdu, Sichuan, China	Man Pan Chan / 陈文彬 香港仁济医院 Yan Chai Hospital, Hong Kong, China
16:25-16:40	Application and Effect of Clinical Meal Replacement in Low Metabolic Rate Overweight Individuals 医学代餐在低代谢率肥胖症患者的应用及成效	Kary In Tung Lau / 刘妍彤 香港营养学会 Hong Kong Nutrition Association, Hong Kong, China	Chon In Cheang / 郑俊贤 澳门卫生经济学会 Macau Society for Health Economics, Macao, China
16:40-16:55	A Comprehensive, Integrated Primary Care Strategy for Population Weight Management in Macao: Policy, Clinical Pathways, and Community Synergy 澳门人群体重管理的综合性基层医疗整合策略：政策路径、临床路径与社区协同	Monica Pon 中国澳门仁伯爵综合医院 Centro Hospitalar Conde de São Januário, Macao, China	Weng Seng Lei / 李永成 澳门营养学会副理事长 Macau Nutrition Association, Macao, China
16:55-17:05	Mapping Obesity in Macao: What the Numbers Reveal and How the Nutrition Society Responds 澳门肥胖地图：数据揭示的真相与营养学会的应对之道	Lai Kit Man / 文礼杰 澳门营养学会 Macau Nutrition Association, Macao, China	Lili Zhang / 张丽莉 成都市第三人民医院 The Third People's Hospital of Chengdu, Sichuan, China
17:05-17:20	New Perspective in Weight management and Future Directions of the IOS Working Group in Applied Nutrition 体重控制的新思维及国际肥胖学会应用营养工作组未来发展方向	Terry Ho Yan Ting / 丁浩恩 香港营养学会 Hong Kong Nutrition Association, Hong Kong, China Practice Assistant Professor, Department of Food Science and Nutrition, The Hong Kong Polytechnic University, Hong Kong, China	
17:20-17:30	Conclusion	Terry Ho Yan Ting / 丁浩恩 香港营养学会 Hong Kong Nutrition Association, Hong Kong, China	
Congress Closing Ceremony			
17:30-18:00	Closing Address	Yanjun Liu / 刘雁军 成都市第三人民医院 The Third People's Hospital of Chengdu, Sichuan, China	Huawu Yang / 杨华武 成都市第三人民医院 The Third People's Hospital of Chengdu, Sichuan, China



1st August, 2026 10:00-18:30 (Room 1)			
Multidisciplinary weight management and improvement of nursing quality Symposium 肥胖合并多共慢病全程管理和护理质量提升专题			
Session Chairs: Dafang Zhan / 詹大方（成都市第三人民医院）、Qiubai Jiang / 蒋秋白（成都市第三人民医院）、YanJun Liu / 刘雁军（成都市第三人民医院）			
TIME	Meeting Theme	Speaker	Moderator
10:00-10:30	Welcome Address	YanJun Liu / 刘雁军 成都市第三人民医院 The Third People's Hospital of Chengdu, Sichuan, China	Runyu Ping / 平润雨 成都市第三人民医院 The Third People's Hospital of Chengdu,Sichuan, China
	Welcome Address	Ningli Yang / 杨宁俐 江苏省人民医院 Jiangsu Province Hospital,Nanjing, China	
Session 1: Construction of Multi-Dimensional Weight Management Clinic and MDT Collaboration 多维度体重管理门诊建设与MDT协作 （10:30-12:00）			
TIME	Meeting Theme	Speaker	Moderator
10:30-10:45	The operation of the comprehensive weight loss clinic and the practice of multidisciplinary collaboration 综合减重门诊运行与多学科协作实践	Luo Fu / 付珞 成都市第三人民医院 The Third People's Hospital of Chengdu, Sichuan, China	Fei Xu / 徐霏 贺州市人民医院 Hezhou People's Hospital,Guangxi, China Jie Gao / 郜婕 成都市第一人民医院 The First People's Hospital of Chengdu,Sichuan, China
10:45-11:00	The Current Situation of Weight Management Operations in Taiwan Region 台湾地区体重管理运营现状分享	Yuchun Huang / 黄钰醇 中坜天晟医院 Zhongli TenChan Medical Center,Taiwan, China	
11:00-11:15	The standardized application of exercise intervention in the weight management of obesity and multiple comorbid chronic diseases 运动干预在肥胖及多共慢病体重管理中的规范化应用	Ziyan Yan / 晏梓宴 成都市第三人民医院 The Third People's Hospital of Chengdu, Sichuan, China	
11:15-11:30	The integration and application of traditional Chinese medicine-specific techniques in the weight management clinic 中医特色技术在体重管理门诊中的融合应用	Gao Deng / 邓杲 成都市第三人民医院 The Third People's Hospital of Chengdu, Sichuan, China	
11:30-11:45	The practical value of case management in nursing in the entire process of weight management outpatient services 护理个案管理在体重管理门诊全流程管理中的实践价值	Cheng Zhou / 周晨 南京大学附属鼓楼医院 Drum Tower Hospital Affiliated to Nanjing University,Jiangsu, China	
11:45-12:00	Panal Discussion	Qi Ruan / 阮麒 成飞医院 Cheng Ma / 马铖 云南省第一人民医院 Zhirong Su / 苏志红 中南大学湘雅三医院 Rong Tian / 田蓉 成都市第五人民医院 Qiaoli Kuang / 匡巧利 湖南省直中医院	
12:00-13:30	Luncheon Sympossia		

Session 2: Management of multi-complex chronic diseases related to obesity 肥胖多共慢病管理 (13:30-14:45)			
TIME	Meeting Theme	Speaker	Moderator
13:30-13:45	Risk identification and management pathway for patients with obesity and kidney damage 肥胖合并肾脏损害患者的风险识别与管理路径	Yuna Tong / 童玉娜 成都市第三人民医院 The Third People's Hospital of Chengdu, Sichuan, China	Chengye Gao / 高成业 邯郸市第一人民医院 The First People's Hospital of Handan, Hebei, China Liping Fu / 付丽平 中山小榄人民医院 Xiaolan People's Hospital,Guangdong,China
13:45-14:00	Weight management strategies for patients with obesity and polycystic ovary syndrome 肥胖合并多囊卵巢综合征患者的体重管理策略	Yanling Mou / 牟燕琳 成都市第三人民医院 The Third People's Hospital of Chengdu, Sichuan, China	
14:00-14:15	Screening, stratification and perioperative management of patients with obesity and obstructive sleep apnea 肥胖合并OSA患者的筛查、分层与围治疗期管理	Peng Cheng / 陈鹏 成都市第三人民医院 The Third People's Hospital of Chengdu, Sichuan, China	
14:15-14:30	Case management helps achieve precise stratification and long-term management of multiple chronic diseases for patients undergoing bariatric surgery 个案管理助力减重手术患者多共慢病精准分层与长期管理	Yunning Yang / 杨韵凝 成都市第三人民医院) The Third People's Hospital of Chengdu, Sichuan, China	
14:30-14:45	Panal Discussion	Lin Wang / 王琳 楚雄州人民医院 Yuguang Zhu / 朱禹光 徐州医科大学附属医院 Yating Song / 宋雅婷 江苏省人民医院 Xu Hu / 胡旭 遵义医科大学附属医院 Lijun Jiang / 蒋丽君 桂林医科大学第二附属医院	
Session 3: Perioperative safety management during bariatric surgery 减重手术围手术期安全管理 (14:45-16:00)			
TIME	Meeting Theme	Speaker	Moderator
14:45-15:00	Preoperative comprehensive assessment and treatment option selection for patients undergoing bariatric metabolic surgery 减重代谢手术患者术前综合评估与治疗方式选择	Bing Wang / 王兵 成都市第三人民医院 The Third People's Hospital of Chengdu, Sichuan, China	Wei He / 何伟 开远市人民医院 The People's Hospital of Kaiyuan, Yunnan, China Lixiang Jiang / 江莉霞 云南省第一人民医院 The First People's Hospital of Yunnan Provincial,Yunnan,China
15:00-15:15	Anesthesia management and respiratory safety strategies for obese patients during the perioperative period 肥胖患者围手术期麻醉管理与呼吸安全策略	Ying Zhou / 周莹 成都市第三人民医院 The Third People's Hospital of Chengdu, Sichuan, China	
15:15-15:30	Collaborative Management Practice of Perioperative Nursing in the Metabolic and Bariatric Surgery Ward 减重代谢病房围手术期护理协同管理实践	Huiqian He / 贺荟茜 郑州中心医院 Zhengzhou Central Hospital,Henan, China	
15:30-15:45	Key points of perioperative management for patients with mental disorders and abnormal eating behaviors 心理疾病及进食行为异常患者围手术期管理重点	Han Wang / 王涵 成都市第三人民医院 The Third People's Hospital of Chengdu, Sichuan, China	
15:45-16:00	Panal Discussion	Minglong Xu / 徐明珑 河南大学淮河医院 Tuanying Xian / 綦团英 德宏州人民医院 Yan Liu / 刘妍 昆明医科大学附属第一医院 Jiali Liao / 廖珈莉 宜宾市第三人民医院 Cheng Zhang / 张铖 武汉大学中南医院	



Session 4: Nursing research, quality improvement and AI data management 护理科研、质量改进与AI数据管理 (16:00-17:15)			
TIME	Meeting Theme	Speaker	Moderator
16:00-16:15	From clinical issues to scientific research achievements: The brand-building path for the weight management nursing specialty department 从临床问题到科研成果：体重管理护理专科品牌建设路径	Ningli Yang / 杨宁俐 江苏省人民医院 Jiangsu Province Hospital,Jiangsu, China	Tingting Yuan / 袁婷婷 四川省人民医院 Sichuan Provincial People's Hospital, Sichuan, China Lilian Gao / 高丽莲 暨南大学附属第一医院 First Affiliated Hospital of Jinan University,Guangzhou, China
16:15-16:30	Continuous quality improvement practices for metabolic and bariatric surgery ward care 减重代谢病房持续护理质量改进实践	Yingying Fan / 凡银银 南京大学附属鼓楼医院 Drum Tower Hospital Affiliated to Nanjing University,Jiangsu, China	
16:30-16:45	The construction of a closed-loop system for weight management follow-up under the guidance of AI data AI数据导向下的体重管理随访闭环建设	Hongyan Xu / 徐红艳 中国医科大学附属第四医院 The Fourth Affiliated Hospital of China Medical University,Liaoning, China	
16:45-17:00	Research Topic Selection and Special Disease Database Construction of the Weight Management Center 体重管理中心科研选题与专病数据库建设	Xiuyu Lin / 林修宇 成都市第三人民医院 The Third People's Hospital of Chengdu, Sichuan, China	
17:00-17:15	Panel Discussion	Huayan Lin / 林华燕 福建医科大学附属第一医院 Fuhua Zhou / 周福花 巴州人民医院 Faping Gong / 龚发平 重庆医科大学附属第一医院 Chunxia Liu / 刘春霞 北京中日友好医院	
Session 5: Long-term follow-up and continuous management of specific diseases 长期随访与特殊疾病连续管理 (17:15-18:30)			
TIME	Meeting Theme	Speaker	Moderator
17:15-17:30	Focus on the critical window period, the perioperative management strategies for adolescent bariatric surgery 聚焦关键窗口期，青少年减重代谢手术围手术期管理策略	Li Du / 杜丽 武汉大学中南医院 Zhongnan Hospital Affiliated to Wuhan University,Hubei, China	Suoying Lei / 雷所英 曲靖市第二人民医院 The Second People's Hospital of Qujing,Yunnan, China Tian Gao / 高天 山东大学齐鲁第二医院 The Second Qilu Hospital of Shandong University,Shandong, China
17:30-17:45	Long-term management and safety monitoring of patients undergoing medication-assisted weight loss 药物减重患者的长期管理与安全监测	Lina Wu / 吴丽娜 暨南大学附属第一医院 First Affiliated Hospital of Jinan University,Guangdong, China	
17:45-18:00	Long-term follow-up pathway and risk management for gastric bypass stent patients 胃转流支架患者长期随访路径与风险管理	Qiyun Chen / 陈啟贇 云南省第一人民医院 The First People's Hospital of Yunnan Province,Yunnan, China	
18:00-18:15	Long-term follow-up management practice for patients undergoing lifestyle intervention 生活方式干预患者的长期随访管理实践	Xinyan Pu / 蒲心妍 成都市第三人民医院 The Third People's Hospital of Chengdu, Sichuan, China	
18:15-18:30	Panel Discussion	Wan'e Zhao / 赵宛鄂 暨南大学附属第一医院 Min Zu / 祖敏 宜宾市第二人民医院 Min Ren / 任敏 资阳市人民医院 Wenjuan Wang /王文娟 郑州市中心医院	

1st August, 2026 10:30-16:30 (Room 2)				
Endoscopic Bariatric Symposium 内镜减重专题 Session Chairs: Jiahui Yu / 余佳慧（成都市第三人民医院）、Yanjun Liu / 刘雁军（成都市第三人民医院）				
TIME	Meeting Theme	Speaker	Moderator	
10:30-10:35	Welcome Address	Yanjun Liu / 刘雁军 成都市第三人民医院 The Third People's Hospital of Chengdu, Sichuan, China	Jiahui Yu / 余佳慧 成都市第三人民医院 The Third People's Hospital of Chengdu, Sichuan, China	
10:35-11:50	Endoscopic Bariatric Therapy in Asia: Real-World Outcomes, Metabolic Benefits, and Future Directions 亚洲内镜减重治疗：真实世界结果、代谢获益及未来发展方向	Chia-Chia Liu (online) 新喜悦医疗诊所高级主管兼创始主任 Uperintendent & Founding Director,New Delight Medical Clinic,Taiwan, China	Stephen Ng 香港中文大学威尔斯亲王医院 Prince Wales Hospital of The Chinese University of Hong Kong,Hong Kong, China QiuYe Cheng 圣乔治私立医院 澳大利亚 St. George Private,East Sydney Private Hospitals,Sydney, Australia	
11:50-12:05	The Current State of Bariatric Endoscopy in Hong Kong: Challenges and Opportunities 香港内镜减重手术的现状：挑战与机遇	Stephen Ng 香港中文大学威尔斯亲王医院 Prince Wales Hospital of The Chinese University of Hong Kong,Hong Kong, China		
12:05-12:20	Endoscopic Intestinal Barrier Therapy: A Novel Frontier Beyond ESG 内镜下肠道屏障疗法：ESG之外的新前沿	Jiahui Yu 成都市第三人民医院 The Third People's Hospital of Chengdu, Sichuan, China		
12:20-12:35	ESG versus Laparoscopic Sleeve Gastrectomy: Where Do We Stand in 2026? ESG与LSG：2026年我们站在哪里？	Loo Guo Hou 马来西亚国立大学坎索勒·图安库·穆里兹医院 Hospital Canselor Tuanku Muhriz,Universiti Kebangsaan, Malaysia	Percy Brante 圣地亚哥圣玛丽亚诊所 智利 Bariatric and Benign Upper GI Surgery Team Clinica	
12:35-12:50	POSE 2.0 Double-Helix: Current Evidence and Future Perspectives in Asia POSE 2.0 双螺旋：亚洲当前证据与未来展望	Kodai Takahashi (online) 东京高桥诊所新地分院总监 Director, Tokyo Takahashi Clinic Nerima Branch,Tokyo, Japan	Luncheon Symposia	
12:50-13:30	Luncheon Symposia			
13:30-13:45	From Exploration to Standardization - The Current Clinical Application Status and Future Prospects of Endoscopic Weight Loss Techniques in China 从探索到规范——中国内镜减重技术的临床应用现状与未来展望	Xin Chen / 陈鑫 天津医科大学总医院 Tianjin Medical University General Hospital, Tianjin, China		
13:45-14:00	Step-by-step approach: The standard procedure and intraoperative decision-making for gastric bypass stent implantation 步步为营：胃转流支架置入术的标准流程与术中决策	Xiaopei Li / 李晓沛 山东省立第三医院 The Third Hospital of Shandong Province, Shandong, China		
14:00-14:15	Breaking Through and Rebuilding: The Standardized Construction and High-Quality Development Path of the Endoscopic Weight Loss Discipline in China 破局与重塑：中国内镜减重学科的规范化建设与高质量发展路径	Yongqiu Kui / 隗永秋 首都医科大学附属北京友谊医院 Beijing Friendship Hospital Affiliated to Capital Medical University,Beijing, China	Zhenzhen Wen / 温珍珍 浙江大学邵逸夫医院 Soong Yi-Fu Hospital Affiliated to Zhejiang University,Hangzhou, China	
14:15-14:30	Precise Management of Medication Use after Endoscopic Weight Loss Surgery and Medication Use for Chronic Diseases 镜后用药——内镜减重术后用药与慢性病用药精细化管理	Heng Xi / 郗恒 成都市第三人民医院 The Third People's Hospital of Chengdu City, Sichuan, China	Jiahui Yu / 余佳慧 成都市第三人民医院 The Third People's Hospital of Chengdu, Sichuan, China	
14:30-15:00	Panel Discussion	Ning Cai / 蔡宁 安顺市人民医院 Anshun People's Hospital,Guizhou, China Guishun Sun / 孙贵顺 云南省第一人民医院 The First People's Hospital of Yunnan Province,Yunnan, China Zhengqi Li / 李政奇 首都医科大学附属北京友谊医院 Beijing Friendship Hospital Affiliated to Capital Medical University,Beijing, China		



医院简介

Hospital Introduction ➤

成都市第三人民医院简介

Introduction of the Third People's Hospital of Chengdu

千年蓉城，烟火与诗意共生；八十余载三院，仁心与妙术同修。成都市第三人民医院是一所融医疗、教学、科研、预防、公共卫生于一体的国家三级甲等综合医院，始终坚持以习近平新时代中国特色社会主义思想为指引，以高质量党建领航医院高质量发展，青羊院区、高新院区、成都市中心医院“一院两区一中心”扬帆启航。医院连续5年“国考”获评A等级、复杂疑难疾病诊疗能力（CMI值）位居全省公立医院前4位、满意度测评全省前列。

Located in Chengdu, a millennium-old city where bustling life and poetic charm coexist in harmony, the Third People’s Hospital of Chengdu, a hospital with over 80 years of history, stands out with compassionate hearts and superb medical skills. The hospital is a national Grade-A Tertiary comprehensive hospital integrating medical treatment, education, scientific research, prevention and public health services. The hospital persistently follows the guidance of Xi Jinping Thought on Socialism with Chinese Characteristics for a New Era and upholds the driving force of high-quality Party building upon its high-quality development. With its “One Headquarter, Two Branches and One Central Hospital” layout—Qingyang Branch, High-Tech Industrial Development Zone Branch and Chengdu Central Hospital—the hospital has embarked on a new journey. It has been rated Grade A in the national public hospital performance evaluation for five consecutive years. Its Case Mix Index (CMI), reflecting the capacity for treating complex and severe diseases, ranks top 4 among all public hospitals in the province. Moreover, upon patient satisfaction evaluation, it also ranks the top tier in the province.

历史底蕴深厚。医院诞生于抗战烽火，1941年7月落址天府蓉城青龙街、“西道孔子”扬雄的洗墨池旁，传承千年“墨池”文化，从抗战救护到三甲名院，医院的发展始终与民族存亡、国家命运紧密相连。医院的前身为“成都公立医院”，后陆续更名为“四川

Debate Competition Session 辩论赛 (15:00-16:30)		
15:00-16:00	Topic:When dealing with obese patients, which approach is more advantageous: comprehensive medication treatment or precise endoscopic intervention? 面对肥胖患者，药物全覆盖与内镜精准介入，谁更具优势？	Affirmative debater（正方）： Yifeng Zang / 臧义丰 山东大学齐鲁第二医院 Qilu Second Hospital of Shandong University,Shandong,China Feng Feng / 冯峰 河北医科大学第一医院 First Affiliated Hospital of Hebei Medical University,Shi Jiazhuang, China Haibo Wang / 王海波 成都市第三人民医院 The Third People's Hospital of Chengdu City, Sichuan, China
		Negative debater（反方）： Ang Li / 李昂 北京大学第一医院 The First Hospital Affiliated to Peking University,Beijing, China Zening Huang / 黄泽宁 福建医科大学附属协和医院 Union Hospital Affiliated to Fujian Medical University,Fuzhou, China Bing Wang / 王兵 成都市第三人民医院 The Third People's Hospital of Chengdu City, Sichuan, China
16:00-16:20	Panal Discussion	Jiahui Yu / 余佳慧 成都市第三人民医院 The Third People's Hospital of Chengdu, Sichuan, China
16:20-16:30	Conclusion	Huawu Yang / 杨华武 成都市第三人民医院 The Third People's Hospital of Chengdu, Sichuan, China



省立医院” “川西医院” “四川省人民医院” “成都市人民医院”，1955年1月正式更名为“成都市第三人民医院”，沿用至今。2015年成为西南交通大学临床医学院和附属医院。

Profound Historical Heritage. The hospital was founded amid the War of Resistance against Japanese Aggression. In July 1941, it was established on Qinglong Street of Chengdu, beside the Ink Washing Pool of Yang Xiong, known as “Confucius of the Ancient Shu”. Since its birth, from conducting wartime rescue to growing into a renowned Grade-A Tertiary hospital, it has inherited the millennium-old “Ink Washing Pool” culture, with its development always closely linked to the survival of the nation and the destiny of the country. Formerly known as Chengdu Public Hospital, it was successively renamed to Sichuan Provincial Hospital, Western Sichuan Hospital, Sichuan Provincial People’s Hospital, and Chengdu Municipal People’s Hospital. In January 1955, it was officially renamed to the Third People’s Hospital of Chengdu, which has been used ever since. In 2015, it became the clinical medical college and affiliated hospital of Southwest Jiaotong University.

传薪火聚英才。建院之初，名家云集，首任院长戚寿南，中国现代内科医学的奠基人；第二任院长陈志潜，中国公共卫生学之父；第三任院长黄克维，中国著名的神经病理学家。迈入新时代，面向全球广纳贤才，现有职工 3546 名、高级职称专家 544 名，博士 238 名、硕士 1053 名，博导和硕导 122 名、博士后合作导师 19 名，入选“天府峨眉计划”“天府青城计划” 3 名，各类省级人才 44 名，享受政府特殊津贴专家 2 名。

Numerous Excellent Talents. Upon its founding, it already had a large number of renowned medical experts, laying a solid foundation for its medical skills and setting an example for its academic atmosphere. Its first president, Qi Shounan, is the founder of modern internal medicine in China. The second president, Chen Zhiqian, is known as the “Father of Public Health” in China. The third president, Huang Kewei, is a distinguished neuropathologist in China. In the new era, as the clinical medical college and affiliated hospital of Southwest Jiaotong University, the hospital continues to recruit outstanding talents globally. It currently has 3,546 employees, including 544 experts with senior professional titles, 238 doctors, 1054 masters, 122 doctoral & master supervisors, and 19 postdoctoral supervisors. Furthermore, it boasts 3 experts included into the “Tianfu Emei Program” and “Tianfu Qingcheng Program”, 48 provincial-level talents and 2 experts enjoying special government allowances.

专科优势显著。国家临床重点专科 3 个，四川省临床重点专科 10 个，四川省区域医疗中心 3 个，成都市临床重点专科 19 个，成都市医疗质量控制中心 26 个，成都市名医工作室 3 个。心血管、危重症、变态反应三大学科稳居“中国医院科技量值”全国百强。2025 年全省医疗服务能力综合排名第 6 位（其中前 10 位的专科 12 个）、CMI 值排名前 10 位的专科 15 个。在 2026 年四川省卫健委发布的《2024 年四川省医疗服务与质量报告》中，心血管内科、呼吸与危重症医学科、普外科、肾脏内科、眼科、耳鼻咽喉头颈外科等 6 个专科获评 A++（最高等级）。

Remarkable Specialty Strengths. The hospital boasts 3 national key clinical specialties, 10 provincial key clinical specialties in Sichuan, 3 regional medical centers in Sichuan, 19 municipal key clinical specialties in Chengdu, 26 medical quality control centers in Chengdu, and 3 famous doctor workshops in Chengdu. Three major specialties of Cardiovascular Medicine, Critical Care Medicine, and Allergy & Immunology have consistently ranked among the top 100 in China in the China Hospital Science and Technology Evaluation Metrics (STEM). In 2025, it ranked 6th in the comprehensive ranking of medical service capacity in Sichuan Province, with 12 specialties among the top 10 and 15 specialties among the top 10 in CMI value. In the “2024 Medical Service and Quality Report of Sichuan Province” issued by the Health Commission of Sichuan Province in 2026, its 6 specialties, i.e. Cardiovascular Medicine, Respiratory & Critical Care Medicine, General Surgery, Nephrology, Ophthalmology, and Otorhinolaryngology Head & Neck Surgery, were awarded the highest grade of A++.

平台建设卓越。创建国家级博士后科研工作站、四川省院士（专家）工作站。现为国家呼吸系统疾病临床医学研究中心核心网络单位、国家消化系统疾病临床医学研究中心四川省分中心、国家老年疾病临床医学研究中心协同网络核心单位。入选全国首批罕见病诊疗协作网、国家疑难病症诊治能力提升工程联盟中心、国家医疗机构体重管理中心建设研究项目单位。建成国家胸痛中心示范基地、国家房颤中心示范基地、中国心衰中心、国家标准化心脏康复中心、国家高级卒中中心。

Outstanding Platform Establishment. The hospital has established a national postdoctoral scientific research station and a provincial academician (expert) workstation in Sichuan. It is currently a core network member of the National Clinical Research Center for Respiratory Diseases, and a core collaborative network member of the Sichuan Sub-center



of the National Clinical Research Center for Digestive Diseases and the National Clinical Research Center for Geriatric Diseases. It has been selected into the first batch of building and research projects of the National Rare Disease Diagnosis and Treatment Collaboration Network, the Alliance Center of the National Capacity Improvement Project for Complex and Severe Disease Diagnosis and Treatment, and the National Medical Institution Weight Management Center. Furthermore, it has established a National Chest Pain Model Center, National Atrial Fibrillation Model Center, China Heart Failure Center, National Standardized Cardiac Rehabilitation Center, and National Advanced Stroke Center.

人文之脉赓续。医院建立时正值抗日战争时期，条件极为艰苦，“把病人放在第一位”代代相承，秉持“五爱五尽”家院情怀，倡导“三心三意”服务理念，以“大医精诚”铸专业品牌，以“厚德积善”传人文温度，奋力建设成为辐射西部、面向全国的现代化国际化标杆医院。先后荣获全国改善服务创新医院、全国保障医疗安全示范医院、中国医院质量管理卓越奖、中国和谐医患先锋医院、四川省援外医疗工作先进集体等数项荣誉。

Persistent Humanistic Care. Although founded amid the War of Resistance against Japanese Aggression under extremely harsh conditions, the hospital has established and passed down the principle of “Patients First” from generation to generation. It remains committed to the aim of serving the people wholeheartedly, upholds the core value of “Building a Caring Hospital and Being Caring Medical Professionals”, embraces the familyhospital spirit of “Five Loves and Five Devotions” and advocates the service philosophy of “Caring Heart, Patience, Sense of Responsibility” and “Sincerity, Warmth, Satisfaction”. With “Excellence in Medicine and Sincerity in Practice” as its professional benchmark and “Virtue and Kindness” as its humanistic foundation, it strives to grow into a modern international flagship hospital serving West China and even the whole country. It has been awarded numerous honors, such as National Innovative Hospital for Improved Services, National Model Hospital for Medical Safety, Quality Management Excellence Award of Chinese Hospitals, Pioneer in Harmonious Doctor-Patient Relationship of Chinese Hospitals, and Advanced Collective in Foreign Medical Aid of Sichuan Province.

合作伙伴

Partners ➤



鸣谢企业

Thanks to the company ➤



酒店布局图

